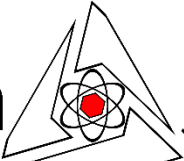
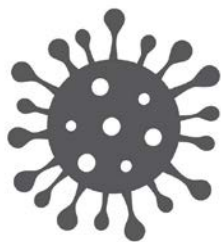


QUANTUM  JIU-JITSU

OPERATION

GUIDELINES





COVID-19

GUIDELINES

1

**SOCIAL DISTANCING
CAPACITY CONTROL**



2

**PRE-CLASS VACCINATION SCREENING
SYMPTOM SELF-MONITORING
PRE-CLASS TEMPERATURE CHECKS**



3

INCREASED SANITATION



4

**MEMBER COMMUNICATION
PROTECTING AT-RISK STUDENTS & FAMILY**





TRAINING ELIGIBILITY

ATTENDANCE CRITERIA

2

WEEKS

NO SYMPTOMS

Temperature check at door must be under 38°C

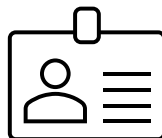
[List of symptoms can be found here](#)



VAX

MANDATORY VACCINATION

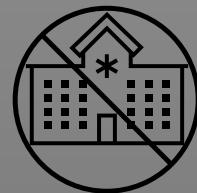
Ages 12+ are required to show proof of vaccination



2

WEEKS

NO EXPOSURE TO ANYONE SICK



Class situation will be reassessed weekly.



CLASS SIGN-UP

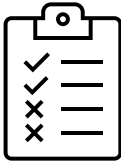
PROCEDURES

- ⚠️ MUST SIGN UP VIA ZenPlanner APP FOR CLASS 24 HOURS IN ADVANCE, SIGN THE REGISTRATION DOCUMENTATION.
- ⚠️ DOORS WILL BE LOCKED UNTIL 5 MINUTES BEFORE CLASS
- ⚠️ PROOF OF VACCINATION ALONG WITH GOVERNMENT ISSUED IDENTIFICATION IS REQUIRED FOR ALL STUDENTS AGES 12+.
- ⚠️ HAND SANITIZER MUST BE USED UPON ENTERING CLASS AREA.
- ⚠️ FOREHEAD TEMPERATURE CHECK AT DOOR IS MANDATORY. IF NOT LOWER THAN 38°C, ACCESS TO THE FACILITY WILL BE DENIED.
- ⚠️ MASKS MUST BE WORN WHEN NOT ON THE MAT AREA.
- ⚠️ FLIP FLOPS OR SANDALS MUST BE WORN TO/FROM BATHROOM FACILITIES.
- ⚠️ STORE YOUR TRAINING EQUIPMENT IN ONE OF THE DESIGNATED LOCKER BOXES.
- ⚠️ STUDENTS ARE RESPONSIBLE FOR KNOWING WHO THEY'VE BEEN IN CONTACT WITH IN THE LAST 2 WEEKS.
- ⚠️ NO DROP INS. PRE-REGISTRATION IS REQUIRED FOR ANY CLASS ATTENDANCE & YOU MUST CHECK IN AT THE IN-CLASS KIOSK UPON ARRIVAL.



ENTERING THE ACADEMY

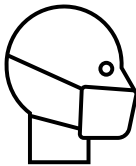
SAFETY MEASURES



**ONLINE HEALTH QUESTIONNAIRE
AND TEMP CHECK AT DOOR**



CLEAN HANDS WITH SANITIZER AT DOOR



MASKS WORN UP TO MAT AREA



VACCINATION PROOF REQUIRED (AGES 12+)

Class situation will be reassessed weekly.



EQUIPMENT REQUIREMENTS

PANDEMIC OPERATIONS



KIMONO

GI'S MUST BE CLEANED BEFORE AND AFTER EACH CLASS IMMEDIATELY



RASH GUARD

MUST BE WORN UNDER THE GI



GYM BAG

STORE IN LOCKER BOX



WATER BOTTLE

BRING YOUR OWN TO CLASS & STORE IN LOCKER BOX